



22 Southernhay West  
Exeter, EX1 1PR

Tel: 01392 430590

Mob: 07811 216526

[www.travelhealthconsultancy.co.uk](http://www.travelhealthconsultancy.co.uk)  
[office@travelhealthconsultancy.co.uk](mailto:office@travelhealthconsultancy.co.uk)

# Travel Medicine Resources

The following list of websites, organisations and journal and book titles has been compiled to assist anyone working in the field of travel medicine. It is by no means exhaustive and if you would like something added then please feel free to get in contact using the link above.

James Moore  
Director  
Travel Health Consultancy

BE READY - EXPERT TRAVEL HEALTH ADVICE | VACCINATIONS | FIRST AID KITS | CONTINGENCY PLANNING | INSPIRATION

## Travel Health Websites – decision making

- 1) **Travax** - <http://www.travax.nhs.uk>
  - a. Comprehensive resource for those practicing travel medicine
- 2) **Vis-Online** - <https://vis.spmsd.co.uk/>
  - a. Sanofi Pasteur's dedicated travel medicine resource.
- 3) **National Travel Health Network and Centre** - [www.nathnac.org](http://www.nathnac.org)
  - a. Created to promote clinical standards in travel medicine with the broad goal of *Protecting the Health of British Travellers*. Overseers of UK Yellow Fever vaccination centres, this website has many useful functions besides normal risk assessment information.
- 4) **The Department of Health Green Book** - [http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_079917](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_079917)
  - a. For all your up-to-date information on vaccine procedures, schedules and vaccines available in the UK
- 5) **Centers for Disease Control and Prevention** - [www.cdc.gov](http://www.cdc.gov)
  - a. North American organisation with great resources including an interactive malaria map, downloadable research papers and clinical advice.

## Foreign Vaccine Information

- 6) **EU Vaccinations** - <http://www.euvac.net/graphics/euvac/index.html>
  - a. Vaccination schedules for European countries

## Health Information

- 7) **Health Protection Agency** - <http://www.hpa.org.uk/>
  - a. Information about travel and non-travel related diseases.
  - b. Useful rabies information and help centre
- 8) **ProMed Mail** - [www.promedmail.org](http://www.promedmail.org)
  - a. Daily updates of disease outbreaks across the globe. Will provide a regular email update. Very comprehensive.
- 9) **World Health Organisation** - [www.who.int](http://www.who.int)

## Information about Travelling Abroad

- 10) **The British Foreign and Commonwealth Office** - [www.fco.gov.uk](http://www.fco.gov.uk). Specific pages include:
  - a. <http://www.fco.gov.uk/en/travel-and-living-abroad/staying-safe/Locate/>
    - i. For registering your travel plans
  - b. <http://www.fco.gov.uk/en/travel-and-living-abroad/gapyear/>
    - i. Information for Gap-Year travellers
- 11) **International Association for Medical Assistance for Travellers** - [www.iamat.org](http://www.iamat.org)
  - a. Lists medical facilities available across the globe and information for travellers requiring assistance whilst abroad.

## Carrying Medications Abroad

- 1) **International Narcotics Control Board** - [www.incb.org](http://www.incb.org)

## Travel Health Organisations

- 2) **The British Travel Health Association** - [www.btha.org](http://www.btha.org)
  - a. Excellent association for those practicing Travel Medicine at all levels. Regular journals, conferences and networking opportunities.
- 3) **The Faculty of Travel Medicine** - [http://www.rcpsg.ac.uk/Travel%20Medicine/Pages/mem\\_spweltravmed.aspx](http://www.rcpsg.ac.uk/Travel%20Medicine/Pages/mem_spweltravmed.aspx)
  - a. The main purpose of the Faculty is to ensure high standards of practice through assessment and continuing professional development
- 4) **The International Society of Travel Medicine** - [www.istm.org](http://www.istm.org)
  - a. An international society with a very comprehensive website and great global conferences. Membership benefits include access to various interest groups, travel clinic listings and bi-monthly Journal of Travel Medicine
- 5) **Wilderness Medical Society** - [www.wms.org](http://www.wms.org)
  - a. US organisation dedicated to furthering knowledge and advances in wilderness and expedition medicine. Membership includes a quarterly journal 'Wilderness and Environmental Medicine'

## Disease Specific Organisations

- 6) **Diabetes UK** - [www.diabetes.org.uk](http://www.diabetes.org.uk)
- 7) **Asthma UK** - [www.asthma.org.uk](http://www.asthma.org.uk)
- 8) **Epilepsy Action** - [www.epilepsyaction.org.uk](http://www.epilepsyaction.org.uk)
- 9) **Deaf Traveller** – [www.deaftravel.co.uk](http://www.deaftravel.co.uk)

## Specific Travel Health Information

- 10) **Medex** - [www.medex.org.uk](http://www.medex.org.uk)
  - a. An organisation supporting medical research at altitude.
  - b. They have a very useful handbook for travellers to high altitude downloadable as a pdf from their website:  
[http://medex.org.uk//medex\\_book/Book%20update%20June%202011/English/TravelSafeHighv27.pdf](http://medex.org.uk//medex_book/Book%20update%20June%202011/English/TravelSafeHighv27.pdf)
- 11) **Mountains for Active Diabetics** - [www.diabetic.friendsinhighplaces.org](http://www.diabetic.friendsinhighplaces.org)
- 12) **The Pregnant Traveller** - [www.pregnanttraveler.com](http://www.pregnanttraveler.com)
- 13) **World Rabies Day** - [www.worldrabiesday.org](http://www.worldrabiesday.org)
- 14) **Malaria Hotspots** - [www.malariahotspots.co.uk](http://www.malariahotspots.co.uk)

## Courses

### 15) Foundation in Travel Medicine

- a. <http://www.travelcourses.hps.scot.nhs.uk/foundation.aspx>

### 16) Diploma in Travel Medicine

- a. <http://www.travelcourses.hps.scot.nhs.uk/diploma.aspx>

### 17) London School of Hygiene and Tropical Medicine

- a. <http://www.lshtm.ac.uk/prospectus/short/stm.html>
- b. [http://www.lshtm.ac.uk/prospectus/cpd/travel\\_med.html](http://www.lshtm.ac.uk/prospectus/cpd/travel_med.html)

### 18) Travel-Health Related Education & Care (T.R.E.C.)

- a. <http://www.trectravelhealth.co.uk/>

### 19) Diploma in Tropical Nursing

- a. <http://www.lshtm.ac.uk/prospectus/short/stn.html>

## Literature

### 20) Journal of the British Travel Health Association

- a. [http://www.btha.org/membership\\_benefits.asp](http://www.btha.org/membership_benefits.asp)

### 21) Journal of the Faculty of Travel Medicine - Travel Medicine and Infectious Disease

- a. <http://www.rcpsg.ac.uk/Travel%20Medicine/Pages/JournaloftheFacultyofTravelMedicine.aspx>

### 22) Wilderness and Environmental Medicine

- a. <http://wms.org/publications/journal.asp>

### 23) Journal of Travel Medicine

- a. <http://onlinelibrary.wiley.com/journal/10.1111/%28ISSN%291708-8305;jsessionid=622DC84124440299E060CD9A462308D2.d01t03>

### 24) Health Information for Overseas Travel

- a. [http://www.nathnac.org/yellow\\_book/YBmainpage.htm](http://www.nathnac.org/yellow_book/YBmainpage.htm)

### 25) The Green Book

- a. [http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_079917](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_079917)

### 26) The Yellow Book

- a. <http://wwwnc.cdc.gov/travel/page/yellowbook-2012-home.htm>